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| |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | https://bucket.mlcdn.com/a/2639/2639135/images/32beacd8a9aebaee3a11ed8ea76d987b6b25984c.jpeg | |  |  | | --- | |  | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | **ΔΕΛΤΙΟ ΤΥΠΟΥ** | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | **Διαδικτυακή Συζήτηση** | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | **WEBINAR: “Μεσογειακή Διατροφή & Καρδιαγγειακό Σύστημα”** | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | |  | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | Με ιδιαίτερη επιτυχία πραγματοποιήθηκε στις 19 Ιανουαρίου 2022 το webinar με θέμα “**Μεσογειακή Διατροφή & Καρδιαγγειακό Σύστημα**” που διοργάνωσε το Ελληνικό Ίδρυμα Καρδιολογίας.  Την εκδήλωση παρακολούθησαν ενδιαφερόμενοι από την Ελλάδα και το εξωτερικό με ενεργό συμμετοχή και υποβολή ερωτήσεων.  Η ενημέρωση των συμπολιτών μας αποτελεί αποφασιστικό παράγοντα για την βελτίωση της υγείας του Ελληνικού πληθυσμού και τη βελτίωση της ποιότητας της ζωής μας. | |  |  | | --- | |  | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | https://bucket.mlcdn.com/a/2639/2639135/images/58dd075f02184d1541cec0ee54c717f612833a70.png | |  |  | | --- | |  | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | https://bucket.mlcdn.com/a/2639/2639135/images/706aa77c7f7177a7bdc428c44373c2abe96f3751.png | |  |  | | --- | |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | *Σας ευχαριστούμε θερμά για την σταθερή υποστήριξή σας στην προβολή των δράσεων του Ελληνικού Ιδρύματος Καρδιολογίας.* | |  |  | | --- | |  | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | |  | | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  |  | | --- | --- | | |  | | --- | | **ΕΛ.Ι.ΚΑΡ. - Ελληνικό Ίδρυμα Καρδιολογίας** | |  |  | | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | | Βασ.Σοφίας 133, 115 21 Αθήνα  Τηλ.:210 6401477 - [www.elikar.gr](http://www.elikar.gr) | |  | | |  |  |  |  | | --- | --- | --- | --- | | [facebook](https://click.mlsend.com/link/c/YT0xODY3MzgzMjY4ODg2NzE0NTA3JmM9aDBkMiZlPTAmYj04NzUzODIxMzcmZD1yNXc3ZTFm.2X0vMWMjN9hJJa_wHyfYO1Kv3VM0HdDRBP-DugweL84) | [youtube](https://click.mlsend.com/link/c/YT0xODY3MzgzMjY4ODg2NzE0NTA3JmM9aDBkMiZlPTAmYj04NzUzODIxNDAmZD12MHg1ejR5.k3o7I1FwzKVJMie9rFfP12N_Rr0CeaTwm0ognD3WE04) | [spotify](https://click.mlsend.com/link/c/YT0xODY3MzgzMjY4ODg2NzE0NTA3JmM9aDBkMiZlPTAmYj04NzUzODIxNDYmZD10M3U0Zzdx.C_J2mlfJO2CbpfZYKqnvKZBO5D_p61WnU-dx6Bu1B98) | [google_podcasts](https://click.mlsend.com/link/c/YT0xODY3MzgzMjY4ODg2NzE0NTA3JmM9aDBkMiZlPTAmYj04NzUzODIxNTImZD1nMmY0ZDF5.MYqxEjoo9uFb5VeYFj9mJE9o9npxfkCepOF1-as16SA) | |  |  | | --- | | Λάβατε αυτό το μήνυμα ηλεκτρονικού ταχυδρομείου, επειδή έχετε δηλώσει ενδιαφέρον στην ιστοσελίδα μας. | |  | | [Διαγραφή από την λίστα](https://click.mlsend.com/link/c/YT0xODY3MzgzMjY4ODg2NzE0NTA3JmM9aDBkMiZlPTAmYj04NzUzODIzMzgmZD1yNXQ3cjl1.craDmU1vOoJbV0qG-CMNYAtzuo0v2PC8YyD5St3JiZY) | | |  |  | | --- | |  | | | |
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